



Providing a Hand Up and out of Homelessness

Sunshine Rescue Mission Inc. with our two facilities, Sunshine Rescue Mission and Hope Cottage, has been serving the homeless here in Flagstaff since 1957. For 57 years we have given thousands of men, women and children shelter and a hand up and out of homelessness.

Since 2009 both our number of meals and bed nights have increased by over 30% and our long term programs have tripled. These increases are mainly due to our economy but also due to the high quality of service we provide for our guests.



Listen to what our Flagstaff Mayor, Jerry Nabours, has to say, “I wince when I think what our city would be like if we did not have Sunshine Rescue Mission and Hope Cottage. Where would your guests and residents be every night? On park benches. In alleys. In doorways of businesses. Even more, who would give them hope and a chance? The amount of assistance you provide (shelter, food, counseling) is staggering. How do you do it? And with no government funding. As if you did not do enough, now you have Dorsey Manor for transitional housing and guidance that really works. I do not know of a program anywhere that can match your success. Bless everyone that works and volunteers at your agencies. What would we do without you?”

Please review the enclosed brochure that covers our history, programs and services we provide to the homeless here in Flagstaff. Hopefully, you will agree with Mayor Nabours and see that Sunshine Rescue Mission and Hope Cottage offer more than shelter by providing a hand up and out of homelessness.



WE GIVE MORE THAN SHELTER WE PROVIDE A HAND UP AN OUT OF HOMELESSNESS

Sunshine Rescue Mission Inc. began in 1957 when several Flagstaff city businessmen and churches came together to create the **Sunshine Rescue Mission**. Prior to this time, the homeless were sheltered in the Flagstaff Jail, so as not to freeze in the harsh weather or when an individual got stuck here from travel on the train, working or looking for work. The current Mission building was completed in 1972. Each brick was purchased by individuals, churches and business donors.

In 1995, the **Hope Cottage**, our women and children's shelter began as a gift from the generosity of an anonymous donor, who gave the Riverside Court on Cottage Avenue. In 2010, after a community collaborative capital campaign, "Making a loving difference" the New Hope Cottage opened. In January 2011, the Arizona Daily Sun awarded Hope Cottage; "**Organization of the Year 2010**".

From day one, Sunshine Rescue Mission and Hope Cottage have served as much more than just shelters for men, women and children. We provide hope of a new and productive life by sharing the Good News and offering services and programs that provide a hand up and out of homelessness.

Basic Shelter Services

Meeting our guests' basic needs (food, clothing, showers and a warm bed) is still our number one priority. Last year, Sunshine Rescue Mission and Hope Cottage provided 71,029 meals, 32,346 bed nights and 9,730 articles of clothing.

Meals - Sunshine Rescue Mission serves 3 meals a day, Monday through Saturday and 2 on Sunday. All meals are open to the public. Hope Cottage serves 2 meals a day and are for guests only. Both facilities are open 365 day a year.

10 Day Temporary Stay - For guests just needing rest before moving on.

Case Management - Evaluating guest's needs and directing them to proper agencies for help.

Extended Stay - Guests looking for work, doing temp work, waiting for housing or a Government check. Usually 30 days.

Work Extension Program - For guests that find full-time work and save 70% of their checks for transitional or independent housing. Usually 90 to 120 days.



Long Term Program

Our long term programs at both Sunshine Rescue Mission and Hope Cottage is what truly differentiates us from being just another shelter.

The program runs 12 to 18 months and helps men and women overcome their challenges and addictions and prepares them for a successful re-entry back into our community. Programs and services in our long term programs are listed below.

**Genesis Relapse Prevention Restoring The Foundations Bible Study Classes S.A.L.T. Daycare
Maximized Manhood Volunteer Program Job Training First Step to Freedom**

Men's Transitional Housing Program

Dorsey Manor opened in 2010 is the only men's transitional housing program in Flagstaff. The program is designed to help transition working men and those on SSI/SSDI back into society by offering affordable housing in a drug and alcohol free environment. Men are allowed to participate in the program for 12 to 18 months. There is a program fee of \$300 a month and are required to set-up a savings plan of \$200 per month. There is a kitchen, laundry room and social area with TV and phone. They are also allowed to receive meals and clothing at the mission. Personal needs such as soap and shampoo are supplied at Dorsey Manor.

Machelle's Story

My name is Machelle Kirchner. I am a recovering meth addict of 23 years. I was molested at the age of 11. I was jumped into a gang at the age of 15. At age 18 I was raped by my mother's second husband. I did 3 1/2 years in prison on 2 different sentences, with 43 arrests in between.

I was Hopeless. I fled Texas in 2009 because of a domestic violence situation which I had to escape. I landed in Flagstaff, Arizona.



I found Hope.

I walked through the front doors at Hope Cottage in 2010 and decided to clean up my life. I made the choice to participate in the Discipleship Program and graduated.

I then attended and graduated from The Genesis Program in 2014, which helped me learn how to recognize triggers within myself and apply the tools I was taught in order to deal with the circumstances at hand. The Genesis Program helped me in many different ways. Now, I don't live my life according to what others believe--I live my life according to God's belief that I am worthy of all He has to offer. I now know that my identity is no longer in drugs or what drugs offered me before. I can hold myself accountable for my wrongdoings and can apologize for any harm I may have done to people.

I believe in myself. Through the Genesis Program, I learned to forgive myself. Forgiveness is part of Recovery. Since graduating from the program I have been faced with many trials and I have used the tools to succeed. I am grateful for having the opportunity to attend this program because I AM ALIVE and I AM SOBER. And, I aspire to get certified in The Genesis Program so I can help others find spiritual strength and the tools needed to recover. ***I found Hope.***

Since 2009 both our number of meals and bed nights have increased by over 30% and our long term programs have tripled. These increases are mainly due to our economy but also due to the high quality of service we provide for our guests and we need your help.

Please partner with us by making a donation today, so we can continue doing our vital role in our community by serving the homeless and "Providing a Hand Up and Out of Homelessness."



For More Information
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www.srm-hc.org



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Sunshine Rescue Mission and Hope Cottage